

Castleglen Menu

Week		Mon	Tue	Wed	Thu	Fri
1	Breakfast	<u>Corn Chex & Oranges</u>	<u>Biscuits & Applesauce</u>	<u>Whole Grain Waffles & Strawberries</u>	<u>Cheerios Cereal & Bananas</u>	<u>Whole Grain Pancakes & Orange Juice</u>
	Lunch	Hamburgers French Fries Pineapples Milk	Ham and Cheese Roll ups Salad Apples Milk	Spaghetti / Meat Sauce Mixed Vegetables Peaches Milk	Cowboy Stew Crackers Applesauce Milk	Whole Grain Turkey Sandwiches Carrots Mixed Fruit Milk
	PM Snack	<u>Ranch Tortilla Chips & Juice</u>	<u>Triscuits, String Cheese, & Juice</u>	<u>Cheese Crackers & Juice</u>	<u>Cheese Puffs & Juice</u>	<u>Animal Crackers & Milk</u>
2	Breakfast	<u>Rice Chex & Oranges</u>	<u>Biscuits & Applesauce</u>	<u>Whole Grain Waffles & Strawberries</u>	<u>Life Cereal & Bananas</u>	<u>Whole Grain Pancakes & Orange Juice</u>
	Lunch	Hot Dogs Baked Beans Peaches Milk	Sloppy Joes Tator Tots Pineapples Milk	Chicken Spaghetti Peas Pears Milk	Pizza Casserole Salad Pears Milk	Whole Grain Bologna & Cheese Sandwiches Carrots Mixed Fruit Milk
	PM Snack	<u>Nacho Cheese Chips & Juice</u>	<u>½ Sandwich, Potato Chips & Juice</u>	<u>Cheese Crackers & Juice</u>	<u>Ranch Tortilla Chips & Juice</u>	<u>Animal Crackers & Milk</u>
3	Breakfast	<u>Corn Chex & Oranges</u>	<u>Biscuits & Applesauce</u>	<u>Whole Grain Waffles & Strawberries</u>	<u>Mini Spooners & Bananas</u>	<u>Whole Grain Pancakes & Orange Juice</u>
	Lunch	Taco Casserole Tortilla Chips Peaches Milk	Ravioli Bake Salad Sliced Apples Milk	BBQ Sausage Mashed Potatoes Green Beans Sliced Bread Milk	Hamburger Mac & Cheese Corn Applesauce Milk	Whole Grain Ham Sandwich Carrots Mixed Fruit Milk
	PM Snack	<u>Graham Crackers & Juice</u>	<u>½ Sandwich, Potato Chips & Juice</u>	<u>Cheese Crackers & Juice</u>	<u>Cheese Puffs & Juice</u>	<u>Animal Crackers & Milk</u>

*** Milk is served with breakfast & Lunch Daily

*** Our Menu is a 3 week rotating menu ***